

## Introduction

Our Online and In Class courses are blended learning courses – a mixture of online study and face-to-face lessons with a tutor. For people with busy lives this is a great way to study, and students completing our surveys tell us that a blended learning approach helps them to achieve their qualification.

## Online and In Class - blended learning

Mindful Education's award-winning courses are designed to make professional education easier for learners, delivering a learning experience that is compelling, intuitive and engaging.

With an Online and In Class course you can combine the benefits of online learning with being part of a class that meets regularly with a tutor.

- Learn online through lessons delivered by academics who are subject experts
- High quality video lectures which use motion graphics to bring concepts to life
- Interactive exercises create a rich and engaging learning experience
- Study around your work and life commitments
- Access lessons on mobile, tablet or desktop and re-visit lessons when needed
- Being part of a class helps to keep you motivated and on track

**Achievement rates for Mindful Education's courses are outstanding; 80% of Mindful Education learners who complete their qualification achieve a merit or distinction grade.**

## Learner Experience

The Online and In Class learner experience is very different to that of a wholly face-to-face delivery experience. We've summarised the key differences from a learner's perspective below:



### Face-to-Face delivery only

- Everyone learns at the same pace (within the classroom)
- "Passive" in-class experience. Learning topics for the first time, note taking
- The homework set after class is crucial for embedding learning



### Online and In Class delivery

- Everyone learns at their own pace (on demand, prior to attending the classroom)
- "Active" in-class experience. Focused exercises and discussion, as topics already studied
- The practice taking place during class is crucial for embedding learning

**80%**

of Mindful Education students who complete their qualification achieve a merit or distinction grade

## How is blended learning different to distance learning?

With an Online and In Class course you study high-quality online learning materials based on video lessons with questions to check your understanding. You also meet regularly with a tutor who guides you through the course and classmates who provide a valuable sounding board and help to keep you on track.

This is a very different experience to a distance learning course - where learners study independently and at their own pace using text books or limited online resources. Direct tutor support is likely to be very limited and there are no classmates to work with or provide that extra motivation to help you to succeed.

It is well established that achievement rates for distance learning courses are significantly lower than courses with a face-to-face teaching element, with achievement rates as low as 10% commonplace for people studying in this way. So anyone considering a distance learning course should think carefully about whether they would benefit from the support and motivation that come with regular interaction with a tutor and studying as part of a group.

*“Undertaking a change of career and moving into finance, having the option of blended learning has been invaluable. The Mindful course is very user friendly, I like being able to navigate back through videos to recap and being able to work at any time to fit in with work and family commitments. The videos are comprehensive. Thanks to the ease of use and abundant information on the Mindful platform, I passed my Level 2 AAT with a 98% distinction and my first two exams at Level 3 have been 95% and 96% too. Thank you!”*

**Laura Wise**

Online and In Class AAT student

## Mindful Education: Awards

Mindful Education have received a number of awards recognising their courses, learning platforms and student outcomes, including:



Click [here](#) to see what learners have to say about their Online and In Class course

**Mindful Education**

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